

**AMERICAN BURN ASSOCIATION'S  
OT/PT SPECIAL INTEREST GROUP  
LAS VEGAS, NV  
TUESDAY, MAY 3, 2016**

**Chair:** Andria N. Agraz, PTA, CLT  
Richard M. Fairbanks Burn Center at Eskenazi, Indianapolis, IN  
[Andria.Agraz@Eskenazihealth.edu](mailto:Andria.Agraz@Eskenazihealth.edu)

**Vice Chair:** Jennie McGillicuddy, OTR/L  
UCSD Medical Center, San Diego, CA  
[Jenniegilchrist@yahoo.com](mailto:Jenniegilchrist@yahoo.com)

**Co-Chair:** Annick Chouinard, BSc, PT  
Villa Medical Rehabilitation Hospital, Montreal  
[Chouinard\\_Annick@hotmail.com](mailto:Chouinard_Annick@hotmail.com)

**Rehabilitation of the Burned Patient:  
Interventions for Edema Management Progressions and a  
Study of Interventions for Head and Neck Burns during the  
Inpatient, Rehabilitation and Outpatient Phases.**

**Objectives**

- Provide basic understanding of upper and lower extremity edema management interventions and wrappings in the burn patient.
- Provide basic to complex interventions of the head and neck mechanisms of the burn patient from the inpatient to outpatient phases.

## AGENDA

**8:00 – 9:00 Welcome & Business Meeting**

1. Announcements
2. MAC Update
3. Abstract Manuscript Submission Updates
4. Burntherapist.com update
5. Barbara Knothe Burn Therapist Achievement Award
6. Introduction of Topics and Speakers

**9:00 – 10:00 Burn Edema Management and Interventions**

Dana Nakamura, OTR/L, CLT

**10:00 – 10:10** Questions

**10:10 – 10:30 Break – Refreshments provided by Bio Concepts, Inc.**

**10:30 – 11:20 Head and Neck Burns: Addressing the Acute, Rehabilitation and Reconstructive Phases**

Jennifer Kemp-Offenberg, OTR/L

**11:20 – 11:30** Questions

**11:30 – 11:45 Break – Set up for Breakout Sessions**

**11:45 – 12:45** Breakout Sessions: 30 Minutes Each

Edema Management Techniques

Head and Neck Interventions

**12:45 – 1:00 Questions, Final Comments and wrap up.**



The **BurnTherapist.com** web site – is the first site dedicated to the work and endeavors of Burn Occupational & Physical Therapists in an effort to develop outcome based research and clinical improvements for all burn survivors. We are committed to fostering collaborative networking relationships among burn therapists as well as developing clinical research, treatment innovations and improvement in service delivery and care at local, national and international levels.

We also highlight the achievements of Burn Occupational & Physical Therapists as part of the American Burn Association's Occupational & Physical Therapist Special Interest Group through the yearly Barbara Knothe Burn Therapist Achievement Award. We are a resource for therapist driven research and collaboration to provide the best treatment outcomes for the patients that we serve.

Burn Clinical Pearls (formerly Splinting Quarterly)

Each Quarter (January, April, July & October) we will highlight a splinting endeavor that has been created to work with a challenging surgical intervention or as a result of a unique patient need or request. New designs as well as modifications to an existing, established design are welcomed. Post-operative splints as well as adaptive device splints, casting and any other type of ADL modification gladly are welcome. We will also be archiving all of the submissions so that we can maintain a resource of burn splinting knowledge. Contribute to the accumulated knowledge and submit your splint design to today!

Go to the web site [www.BurnTherapist.com](http://www.BurnTherapist.com) and get involved!

## **2016 Barbara Knothe Burn Therapist Achievement Award**

### **Sandra Fletchall OTR/L, CHT, MPA, FAOTA**



Sandra has been in practice for over 42 years in burn rehabilitation. As an active member of numerous well known professional organizations including the ABA, ASHT, and AOTA – she also holds the mantle to support and actively participates in less known but equally significant and critical organizations including the Tennessee OT Association; the International Society for Prosthetics and Orthotics; the American Academy of Orthotists and Prosthetists and the Amputee Coalition of America. She has served almost every appointed position in the Tennessee OT Legislative body including Treasurer; Legislative Committee Chair; Licensure Chairperson; Newsletter Editor; and most importantly serving as President over three separate legislative terms. In addition, she has been appointed by the Governor of Tennessee to serve on both the State’s Worker’s Compensation Advisory Panel; as Secretary to

Licensure and as Board Member to the OT and PT Examiners State Review.

As similar counterpart to Barb herself, Sandra takes the work to heart and wholeheartedly gives fully to the burn survivor as well as the burn team. She has attained numerous specialty certifications across a spectrum of skills related to both burns and physical rehabilitation including upper extremity traumatic injuries; multiple segment amputees; crush injuries; spinal cord injuries; and work hardening capacity training. It is when these catastrophic injuries are presented that Sandra is the most sought after resource and most comfortable in both skills and compassion to bring the burn survivor back to full function. She was so much “at ease” with rehabilitating these tragic individuals that she developed and became owner and director of a specialized work hardening practice facility dedicated to serving multiple burn and amputee trauma survivors – serving not only the individuals in her state but becoming a resource for this specialized rehabilitation service throughout the South Eastern United States. During this time, she was also a lecturer and served as adjunct faculty at both the University of Missouri and University of Tennessee on burn rehabilitation and amputee rehabilitation.

She has published 14 clinical chapters and peer reviewed articles focusing on a wide array of topics but always with the central focus on the effective rehabilitation of complex burn sequela. In addition, she has amassed 45 presentations at numerous conferences at both national and international venues including ISBI, WFOT, ABA, ASHT, and ISPO. Moreover, she has been a stalwart fixture providing lectures, education and knowledge for over 40 years at the Tennessee OT Association and over 25 years at the Southern Region Burn Conference. Notwithstanding, she has also served on numerous ABA committees including the Rehabilitation Committee and also as Co-Chair and Chair of the OT/PT SIG.

In summary, Sandra has been a resilient force and essential cog in the burn rehabilitation engine - she never waivers from her post of service and commitment to rehabilitate the burn survivor and more often serves as a constant educator and provider of optimal burn care. She is deeply rooted in the care of the burn survivor and as such highly exemplifies the high merit of standard upon which this award strives to endure and preserve in the spirit of Barb herself. Sandra is a living example of the spirit and commitment needed as a burn rehabilitation clinician.

## 2016 OT/PT SIG Committee



### **Andria N. Agraz, PTA, CLT**

Andria is a Physical Therapist Assistant and Certified Lymphedema Therapist and has been a member of the Richard M. Fairbanks burn rehab team since 2009. Andria has worked in the areas of acute care and outpatient therapy and has been on 2 mission trips to El Salvador to promote and educate burn care and burn therapy. She is a member of the American Burn Association and really enjoys the time spent at conferences learning about new ideas and meeting the clinicians that make burn care so special. Andria has given several guest lectures to the University of Indianapolis PTA program in the area of Lymphedema and assists with the burn therapy lectures as well. In her free time she spends most days with her two daughters and reading wherever she can find a comfy spot. She is excited to be a part of the OT/PT Special Interest Group and is honored to be the current Chair.



### **Jennie McGillicuddy, OT**

Jennie lives in San Diego, California but is originally from Louisiana. She completed her undergraduate degree and graduate training at Louisiana State University. She currently works at UCSD Medical Center; primarily in the Burn Unit. She enjoys the challenges that each day presents when treating those individuals with serious burns. Jennie enjoys running, cooking, hiking, yoga, and reading. She is excited to be current Co-Chair of the OT/PT SIG!



### **Annick Chouinard, BSc. PT**

Annick is a physical therapist who has been a member of the burn rehabilitation team at the Montreal Burn Center Villa Medica Rehabilitation Hospital since 2003. She has an inpatient and an outpatient adult burn rehabilitation background. Annick teaches burn care and rehabilitation at the university and the post graduate level. Over the years, she has mentored and transmitted her passion for burn care to numerous students and colleagues. She has presented on various areas of burn rehabilitation at local and international conferences. She also participated with the team from the Montreal Burn Center and Helping Hand for Burn Survivors in the creation and distribution of a written guide for patients and their loved ones. Annick is an active member of the American Burn Association. She has been serving on the Rehabilitation Committee since 2014 and she is thrilled to be a co-chair of the OT/PT Special Interest Group.

## 2016 OT/PT SIG Presenters



### **Dana Nakamura, OTR/L, CLT**

Dana has been in Burn care for 30+ years. Following graduation from the University of Puget Sound in Tacoma, WA, she worked at Harborview Medical Center in Seattle, WA from 1985-2006 in Rehabilitation Medicine and the University of Washington Burn Center. In 2007, Dana moved to Winston Salem, NC to establish the burn therapy program at Wake Forest Baptist Medical Center. She has been a member of the ABA since 1988; served on the MAC, ARC and Education committees and PT/OT SIG chair, and is the 2008 recipient of the Barbara Knothe Award. Dana reviews manuscripts for Burns and the Journal of Burn Care & Research. She currently serves as co-chair for the Southern Region Rehab Symposium, ABLS instructor, "It Happened in Seconds" Firefighter Burn Injury Awareness Training instructor, Phoenix Society SOAR Program Coordinator and Trainer, Victim2Victor Burn Support Group organizer and facilitator and Executive Board Member of the Piedmont Firefighter's Burned Children's Fund. She teaches in the OT programs at Winston Salem State University and Cabarrus College of Health Sciences. In her spare time, she enjoys knitting,

crocheting, canning and crafting for her Annual Holiday Craft fundraiser for burn patient/family needs.

Dana's research interests include edema management and complementary/alternative medicine for pain management. She is honored to be part of this year's PT/OT SIG program, and thanks the committee for the opportunity to share knowledge and experience. Feel free to contact Dana at [dynakamu@wakehealth.edu](mailto:dynakamu@wakehealth.edu).



### **Jennifer Kemp-Offenberg, OTR/L**

Jennifer is an Occupational Therapy clinician practicing for the past 21 years with her focus in hand therapy and the past 15 years of practice in both pediatrics and adult burn rehabilitation. Jenn has worked at two verified burn centers, University of California Irvine Medical Center in Orange, California and now currently at Shriners Hospitals for Children-Galveston Texas as the Manager of Rehabilitation Services. She has been an active member of the American Burn Association currently serving on the ABA Rehab Committee, AOTA and local Texas State OT Association.

# **BURN EDEMA**

*By Dana Nakamura, OTR/L, CLT*

**HEAD AND NECK BURNS:  
ADDRESSING THE ACUTE,  
REHABILITATION AND  
RECONSTRUCTIVE PHASES**

*By Jennifer Kemp-Offenberg, OTR/L*